

NOTES

WORDS OF REFLECTION:

Excerpts from Maya Angelou's "Continue"

*My wish for you
Is that you continue*

Continue
To be who and how you are

Continue
To astonish a mean world
With your acts of kindness...

Continue
To remind the people that
Each is as good as the other
And that no one is beneath
Nor above you...

Continue
To let gratitude be the pillow
Upon which you kneel to
Say your nightly prayer
And let faith be the bridge
You build to overcome evil
And welcome good...

Continue
To dare to love deeply
And risk everything
For the good thing...

Continue
And by doing so
You and your work
Will be able to continue
Eternally

Poem Full Text Available:
leeanatankersley.com/continue

Worship through Giving // Online at fbcjc.org/give-online or mail your check into the church office at 301 E. Capitol Ave. / Jefferson City, MO 65101. Our sincere thanks for your faithful giving during this season. We are better, and stronger, together.

Daily Devotions // If you are not receiving our daily devotions please email kris@fbcjc.org to sign up now.



WELCOME TO
FIRST BAPTIST
CHURCH
JEFFERSON CITY



03/22/20

welcome

Join worship at
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During this time of physical distancing, we will worship together virtually. Today's worship guide provides a brief service outline and activities for individuals and families to try this week. Wherever you are worshipping today, may you experience God's presence as we explore persevering in faith.

SONG—Great Things

CHILDREN'S TIME—Who Are Your Faith Heroes?

SONGS—Glorious Day, Trust in You

VIDEO—Running and Not Quitting

SCRIPTURE

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and the sin that clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith, who for the sake of the joy that was before him endured the cross, disregarding its shame, and has taken his seat at the right hand of the throne of God. Hebrews 12:1-2

MESSAGE—Let's Run and Not Quit

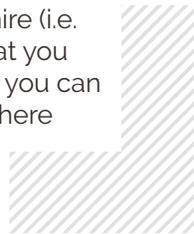
Perseverance isn't popular in a culture of instant-everything.

CLOSING PRAYER

INDIVIDUAL AND FAMILY ACTIVITIES:

Who are your faith heroes?

Take a scrap piece of paper. Tear or cut it into the shape of a cloud. Write the names of people you admire and people who influence your faith. If you are with your family use one cloud for your whole family. Talk together about your faith heroes. Help youth and children understand the internal characteristics of the people they admire (i.e. courage, kindness, wisdom, patience, strength). Reflect on what you admire about each person. Pray for each person. Ask God how you can be a faith hero this week. Put your "cloud of witnesses" somewhere you will see it throughout the week.



Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and the sin that clings so closely, and let us run with perseverance the race that is set before us. Hebrews 12:1

*For sermons in the series,
listen online at fbcjc.org.*

Write or Talk about Perseverance.

On your own, or with your family, reflect on these questions: What makes you feel impatient? What is it hard for you to wait for? Write or talk about a time when you persevered (kept trying even when it was challenging)?

Reflect on these words from Galatians 6:9-10, the Message paraphrase:

So let's not allow ourselves to get fatigued doing good. At the right time we will harvest a good crop if we don't give up, or quit. Right now, therefore, every time we get the chance, let us work for the benefit of all, starting with the people closest to us in the community of faith.

Talk and pray together about what good God invites you to share this week. How and with whom can you share love even during this necessary time of social distancing? Write ideas for the week. Check them off as you follow through.